



# IT STARTS WITH YOU-- WHAT CAN YOU DO?

FREE Faith-Based Community Training  
Via ZOOM

Friday, March 19, 2021  
8:30 to 11:30 AM  
11:45 AM Optional QPR training

Participants will be provided with information about treatment options for individuals with mental health or substance use disorders, as well as local resources available. They will also learn how to effectively communicate and provide help to individuals and families who are affected by these issues. An optional training on Suicide Prevention also provided.

**Target Audience:**

- Pastors/lay leaders/church leadership
- Church members
- Greeters and volunteers
- Administrators and office staff
- Representatives from faith-based service organizations

To register, contact Jennifer Whitman at 330-424-0195 or email [jwhitman@ccmhrs.org](mailto:jwhitman@ccmhrs.org) by March 15, 2021

Information about mental health and substance use treatment options and local resources

Protecting confidentiality & avoiding dual relationships

Everyday examples of how to help

“Question, Persuade, Refer” (QPR) - Suicide Prevention training

Sponsored by the Columbiana County Faith Based Collaborative



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